

B.A Semester - 2 (NEP-2020) Examination**JUNE – 2024****ENG: Life Skills and Personality Development -2 (Skill Enhancement Course)****Time: 1:00 Hour****Marks: 25****Instructions:**

1. All questions are compulsory.
 2. Figures to the right indicate marks.
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Que.1 (A) Answer the following questions in brief. (Any Five) (05)

1. What is Interpersonal Skill?
2. Why do we need to develop Interpersonal Skills?
3. What makes Interpersonal Skills more impactful?
4. Explain the significance of empathy in relationships briefly.
5. Explain the role of feedback in improving interpersonal relationships.
6. What is the importance of maintaining eye contact during a conversation?
7. What is non-verbal communication?

Que.1 (B) Answer the following questions in brief. (Any Five) (05)

1. Define teamwork in one or two sentences.
2. Briefly discuss the significance of trust in team dynamics.
3. What is the Primary stage in team formation?
4. How do diverse perspectives contribute to innovative problem-solving within teams?
5. Explain the role of constructive feedback in improving team performance.
6. Explain Permanent and Temporary teams.
7. Explain the role of constructive feedback in improving team performance.

Que.2 (A) Answer the following questions in brief. (Any Five) (05)

1. Define a positive attitude in one or two sentences.
2. How does a positive attitude contribute to personal growth?
3. How does a positive attitude influence problem-solving skills?
4. What are the benefits of having a positive attitude in the workplace?
5. Write some causes for the lack of a positive attitude.
6. What skills should we incorporate to acquire a positive attitude?
7. Why is it important to maintain a positive attitude even in challenging times?

Que.2 (B) Answer the following questions in brief. (Any Five) (05)

1. Define leadership in one or two sentences.
2. Describe qualities that you believe are essential for effective leadership.
3. Explain the significance of empathy in leadership.
4. Explain the significance of adaptability in leadership.
5. How does effective decision-making contribute to strong leadership?
6. Give the names of some popular leaders.
7. What qualities do you think make a leader trustworthy?

Que.3 Choose the correct option for the following questions.

(05)

1. Which of the following is a key component of active listening?
 - (A) Interrupting the speaker
 - (B) Providing solutions immediately
 - (C) Maintaining eye contact
 - (D) Focusing solely on your own thoughts
2. Empathy can be best described as:
 - (A) Putting oneself above others
 - (B) Understanding and sharing the feelings of others
 - (C) Ignoring others' emotions
 - (D) Belittling others' experiences
3. Trust within a team is built through:
 - (A) Blaming others for mistakes
 - (B) Open and honest communication
 - (C) Hoarding information
 - (D) Lack of transparency
4. Which of the following best defines a positive attitude?
 - (A) A pessimistic outlook on life
 - (B) A cheerful and optimistic mindset
 - (C) Indifference towards challenges
 - (D) An aggressive approach towards others.
5. Which of the following is an essential quality for effective leadership?
 - (A) Indecisiveness
 - (B) Closed-mindedness
 - (C) Adaptability
 - (D) Resistance to change
